

The purpose of this presentation is to make the case that fish suffer hugely at the expense of man and that they need our protection not just as resources or endangered species but above all as sentient beings with the capacity to suffer

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This presentation has been largely prepared by Alison Mood who has developed the fishcount website to draw attention to this huge but neglected area of animal protection and animal welfare

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In this presentation we shall discuss the evidence that fish are sentient beings capable of suffering pain and argue that during commercial fishing they suffer enormously and in huge numbers.



Let me introduce the basic case

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Methods of capturing fish cause immense distress over long periods of time. Imagine being trapped painfully like this and struggling for hours.

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And you can multiply the pain of those individuals by the huge numbers caught each year.



The fishcount website has estimated those numbers which include

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Caught to make fish meal & oil: ? Farmed fish killed for food: ?

Introduction - numbers of animals affected

Estimates exclude unrecorded deaths e.g. bycatch

Around one to three million million fish are caught each year – the Americans would call this 1-3 trillion fish, the Europeans 1-3 billion

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Of these, from one half to one trillion fish are species that are mainly ground up to make feed for animals





And the biggest growing sector is that between 40 and 120 billion fish are also now farmed for food.

This compares with the 70 billion mammals and birds which Compassion in World farming estimates are farmed for food each year.

FAO figure for farmed mammals and birds killed for food in 2010: 63 billion.

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"pain, fear and stress are likely to be experienced by fish in similar ways as in tetrapods [amphibians, reptiles, birds and mammals]" (Chandro et al, 2004) This matters because there is increasing acceptance, based on scientific evidence, that fish are sentient

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The fish people eat suffer hugely during capture and landing.

And then they are left to die slowly or are even processed alive.

But they are not the only fish that suffer.

There are also the fish that are used as bait and the fish and other animals that are caught accidentally and are discarded as by-catch.

We are arguing that this is a huge animal welfare problem.

You can measure suffering by multiplying the amount that animals suffer by the time for which they suffer. And you must multiply that by the number of animals

that suffer.

And for fish, these are all enormous.

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So, can we reduce this suffering? Those who believe in animal rights will question whether we should be doing this at all. We should leave the fish alone.

But will this happen? Those who campaign for animal welfare will look for ways of reducing the suffering:

- Could we catch fewer fish?
- Could we reduce the suffering of those we do catch?

Let us look for a moment at why this all matters.

Fishcount believes that fish are sentient beings. Let us look at some of the evidence





There is a belief in Britain that goldfish have a three-second memory.

Here is proof that this is not true.

Comet the goldfish, the pet of a vegan family in the US, has been taught to play a series of tricks for a food reward.

Show film – may need translation

I am not making the case for captive fish in circuses – the point is that they are much smarter than many people believe.

But that is an anecdote, what does the science say?

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Fish sentience

- Evidence that fish feel pain and distress includes
- presence of nociceptors (pain receptors) in fish
- activation of these nociceptors with noxious stimuli e.g. heat activity in the brain during nociception long lasting changes in behaviour following nociception
- alteration to normal fear response by nociception effect of analgesics (pain killers) on behavioural response to
- nociception impressive mental abilities (spatial learning, logical deduction, cooperative hunting).

In the book Do Fish Feel Pain, Victoria Braithwaite summarises the scientific evidence that fish feel pain.

- They have pain nerves
- Which respond to harmful stimuli like ٠ heat or tissue damage
- Something happens in the brain as a result
- And it can change their behaviour
- ٠ It can affect their response to fear
- If fish are given pain relief, they don't respond to these stimuli in the same way
- They have impressive mental ٠ abilities - they can develop complex maps, they can use logic, they can

co-operate socially

Fish have a pain system similar to birds and mammals.

(We will consider expanding some of these into stories)

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Groupers and moray eels are predatory fish that hunt smaller coral reef fish. Groupers hunt in open water. In contrast, moray eels slither through crevices to corner their prey in holes. Fish avoid grouper predation by hiding in crevices and avoid eel predation by swimming into

predation by swimming into open water. The most impressive example of fish intelligence is the co-operation of the grouper and the moray eel.

These are predators in the coral reefs.

Groupers chase fish in open water, but if the fish escape into the coral, the groupers can't follow.

On the other hand, the eels hunt between the crevices of the reef.

When a grouper chases its prey and the prey escapes into the reef, the grouper doesn't give up. It goes in search of an eel.

Fish sentience - Eel and grouper These two species of fish have developed a way of communicating with one another to hunt together. When a grouper chases a prey fish, its quarry may seek refuge in a small hole on the reef. The grouper cannot follow it into crevices. Instead it asks an eel for help!



The grouper makes a headshaking gesture to communicate to the eel.

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If the eel is hungry, he follows the grouper to where the fish is hiding.

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The grouper indicates where the fish is hiding by making headshaking movements



The eel then goes and tries to catch the fish.

If the fish escapes from the eel, he ends up in the mouth of the grouper.

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This is passed on from generation to generation. It must be learned by observation.

This sounds like the work of very sentient animals.

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Scientists at Queens University, Belfast have found evidence that crustaceans feel pain. Crabs and prawns were shown to react to painful situations. Professor Elwood of Queens University argues for more humane ways of handling and killing them.



Are other marine animals sentient. In addition to fish, there is evidence that decapod crustaceans, which includes lobsters and crabs, can feel pain was reported by the BBC this year. Professor Elwood of Queens University in Belfast who has carried out a range of research on different species of decapods, concludes we should therefore find more humane ways of handling and killing these animals. At present they are often boiled alive.

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The most intelligent invertebrates are the cephalopods, the cuttlefish, squids and octopuses.

Again, large numbers of these highly sentient animals are caught for food by people each year.

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Most animal welfare scientists believe that fish, cephalopods and quite likely decapod crustaceans are sentient animals.

In other words, they have feelings which matter to them.

So how are they treated in commercial fishing?

There are several different methods of catching fish

Welfare during capture Catching fish e.g. wh

Catching fish causes suffering e.g. when they are... Fish suffer during capture



In trawling when they are buried alive under the mass of other fish, suffering from crushing and being unable to breathe

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When raised from deep water, parts of their bodies may explode due to changes of pressure

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They can be captured by their vulnerable gills in gill nets, rather like being caught in a snare as the netting cuts into them as they struggle



In purse seining they are trapped by encircling nets

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And deliberately scared into the middle Eg by speed boats or flashing lamps

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Large fish may be landed by gaff hooks





Others are caught on hooks.

This process of capture can take hours or even days

Many fish will die during capture, but the unlucky ones will survive to die onboard.

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What happens after capture?

Fish are rarely slaughtered. They are left to die during the process of capture, landing or further processing

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Many slowly suffocate on board



But many are gutted while still alive.

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Sometimes fish are put in ice as they suffocate. Live chilling is aversive and can increase the time taken to become unconscious.

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They may also be filleted or frozen alive



A Dutch study showed that most fish were still alive when landed and still took a long time to die.

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They measured the time taken to die for a range of species according to whether they were just left to suffocated or whether they were gutted alive

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Suffocation took between one and four hours



If they were gutted alive, they could still take over an hour to lose consciousness

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Flat fish such as sole which live at the bottom of the sea have to be especially hardy to survive in conditions with low levels of oxygen. As a result they can take many hours to die after landing.

And they are rarely humanely slaughtered to put them out of their misery.

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In another recent Dutch study on Norwegian vessels, cod were tested every half hour after landing to see if they were conscious. Although they looked dead, electroencephalogram traces showed that there were still signs of consciousness two hours later after which the last cod was processed. They could have been conscious for even longer.



And it is not just the fish that people eat who suffer

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Pole and line fishing is often sold as a sustainable kind of artisanal fishing which avoids bycatch.

But did you know they often throw small fish live into the shoal to create a feeding frenzy which makes the tuna bite?

These bait fish will already have suffered distress of capture and confinement for days or weeks.

If you fed a live animal to a lion in a cage you would cause an outcry

But this is reported as responsible fishing!

Welfare impact on bait fish
Pole-and-line fishing - landing the fish
For the tuna,
capture is
fast...
but after
landing them,
the tuna are left
to suffocate

From the point of view of the tuna, this method of catching fish, called "pole and line" fishing is relatively more humane because the capture is fast.

Though they are still left to suffocate after landing. Such active fish die faster, but death still isn't quick.





Perhaps the worst practice of all where fish are impaled on hooks as live bait.

This is reportedly common in long line fishing for fish such as tuna.

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We have said that welfare can be measured as the combination of severity of suffering, its duration and the numbers involved.

We have seen that the severity and duration can be very high – the fish we catch can suffer a very great deal.

The numbers are also collosal.

Alison has estimated that the number of fish caught globally each year to be between 1 and 3 trillion (European billion - 1-3,000,000,000,000).

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This is estimated by looking at the FAO data for the tonnage of each fish captured

Then looking for the average weight of each species at capture.

So, for example, if 30,000 tonnes of wolffish are caught globally each year at an average weight of nearly 7 kilogrammes, that means that around 5 million are caught each year.

A similar calculation suggests that between 3-9 million yellowtail snappers are caught annually.

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And up to 9 billion (or billiard) jack mackerel





The largest capture of all, both in weight and in numbers, is the small Peruvian anchovy. 9 million tonnes or 300-900 billion (or billiards); almost an American trillion for a species which is ground up to make fishmeal to feed to farm animals.

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Most of the fishmeal and oil produced each year is fed to farmed marine animals such as salmon.

If you look at this calculation, you can see that it can take the oil from over 1000 anchovies to feed just one salmon. Each anchovy can die horribly to produce just six grams of fish for people to eat.

Structure of the presentation

1. Introduction

2. Fish sentience

3. Fish welfare in commercial fishing

a. during capture

b) after capture

c) impact on bait fish

d) numbers of animals involved

c) reducing suffering in commercial fishing

4. Welfare issues in fish farming.

The suffering is huge, but that also means we can reduce it.



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Reducing numbers of fish caught

- 1. reduce bycatch and illegal fishing
- catch fewer fish and let them grow larger
 reduce fishing for fishmeal and bait
- marine reserves
- 5. develop alternatives to eating fish.

fishcount.org.uk Diskount.org.uk Diskount.org.uk From an animal rights point of view, you may believe we should stop fishing altogether.

That would end the suffering, but fishing will continue.

We could also improve animal welfare by finding ways of feeding humans while catching fewer fish

And by reducing suffering during capture and by humanely killing the fish after landing

Many of the suggestions of conservationists would also help fish welfare.

Reducing bycatch would be a benefit for all.

If you let fish grow bigger before you catch them, you don't have to catch so many for the same amount of fish. The these larger fish would breed which is good for conservation.

If industrial fishing for fishmeal and oil for animal feeds ended - it seems likely that the number of fishes caught would reduce by up to 1/3 to ½ since these fish tend to be the small ones.

Conservation groups have recommended large marine reserves where the sea is left alone.

But with a rising population of people and the seas already overfished, we need to find alternatives to eating so many wild-caught fish.





We could reduce the suffering of bait fish by banning the use of live bait. Alternative baits using parts of fish that people don't eat would also save fish from being killed for bait.

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We could reduce suffering during capture if the nets or lines were not left in the water for so long

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We could also try to research into how injuries are caused with a view to reducing them.

Studies have found that modifications to fishing practice and choice of gear types (eg types of net/hook) can reduce stress and injury



Fish could be landed more carefully. Pumping systems which minimise stress and damage have been devised for farmed fish. These systems could potentially be adapted for use on fishing boats

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We could try to reduce bycatch. When levels of bycatch are high, fisheries could be closed. The fishing gear could be adapted to reducebycatch.

For example, bycatch reduction devices fitted to shrimp trawl nets can reduce the bycatch of turtles and fish

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All of these would reduce suffering



Humane slaughter for wild fish Two traditional methods exist: percussive stunning (followed by bleeding) spiking the brain (ike jime).

Provided the fish are killed humanely after landing.

There are two traditional ways of doing this.

A blow to the head, followed by bleeding

And spiking the brain to destroy it. This is often practised by Japanese fishermen for large tuna since reducing stress before death improves fish quality.

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- food grade anaesthetics.

There are also methods developed for fish farming which could be used on board including electrical stunning and use of food grade anaesthetics.

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Some trials have taken place to use automated percussive stunners (developed for farmed fish) in commercial fishing.

Automatic percussive stunners stun the fish as soon as they are removed from the water



There may be a limit to the number of fish we can kill from the sea, since the seas are already over-fished.

But to supply rising demand, there is now a massive increase in fish farming

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Animal welfare scientists sometimes define welfare in terms of these five freedoms.

Fish suffer from all of these in fish farms, some of them severely.

I shall start by discussing the freedom to express normal behaviour. The truth is that we don't know the behavioural needs of many of the fish we farm.

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The salmon is a solitary animal, swimming out to sea on their own for thousands of miles



In a cage they are kept together in large numbers.

They still swim for thousands of miles – they have to keep swimming to breathe – but round and round in circles.

Is this a problem for them – the truth is, we don't know.

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The halibut is another solitary species. Should we be keeping them in crowded groups?

If it is acceptable to farm fish, is it acceptable to farm fish whose needs we don't fully understand?

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Globally, the main fish farmed are carp, tilapia and catfish.

In Europe, carnivorous fish such as trout and salmon are the main fish farmed.





At least wild fish live free until they are captured.

Farmed fish also suffer lives in a cage

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Crowded conditions can lead to a range of health and welfare problems.

Parasites such as lice can build up. These lice escape back into the wild to kill wild fish. The chemicals they use to control the lice also kill marine invertebrates.

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In the US the main fish farmed is catfish



In Vietnam, we have seen that the main fish is another catfish called Pangasius.

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Because they can breathe air, they can be kept at very high densities. This is factory farming.

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And, though some are humanely slaughtered, the majority of farmed fish suffer the same fate as their wild cousins







Dying in a range of cruel ways

In some parts of the world, fish are sold live and will suffer in the hands of the consumer

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This YouTube film shows carp being sold live at a market in Minsk, Belarus.	This Youtube clip is available from http://fishcount.org.uk/farmed-fish-silauphter#yt1.
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This is common practice in Eastern Europe, Asia and in the developing world



Back to the Vietnamese catfish, this video, proudly put on the web by the production company, shows what the fish suffer.

I make no apologies for the awful and inappropriate music

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Alison has also estimated the number of farmed fish slaughtered each year using the same methods she has used to count captured fish.

The numbers have probably already overtaken the number of other farm animals such as pigs and chickens.

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And since, in Europe, we mainly farm carnivorous species, the number of wild fish caught to feed them is massive

Fish farming -improving welfare

Improving farmed fish welfare:

- understanding the welfare needs of the species before starting to farm them
- rearing conditions that promote fish health & meet their ethological needs
- outcome based welfare assessments
- humane slaughter methods
- fish feeds based on trimmings and alternative feeds rather than purpose-caught wild fish.



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Some positive/hopeful developments in welfare of farmed fish at slaughter:

Fish farming -improving welfare

- Development of humane slaughter technology for some species e.g. electrical stunning for trout
- OIE guidelines recommend humane killing methods should be used
- EU Commission due to report on possibility of introducing new requirements by end of 2014.



We must question the factory farming of fish.

Where they are killed, they should be humanely killed

We must note that we are farming species whose ethological needs are not understood. Humane farming, if it is ever possible, is certainly not possible without this.

We also need to find fish-feeds which don't cause suffering to billions of wild caught fish.

Humane slaughter is now required by Norwegian law and UK farm assurance schemes.

The OIE, based in Paris and the international veterinary body equivalent to the WHO, now has set standards for humane killing of farmed fish.

New EU rules require fish to be slaughtered humanely, but don't yet say how. The scientists are due to report back next year after which rules should be set in motion.

We also need the same for fish caught from the wild.



Summary 1. recognise it's a huge animal welfare problem 2. reduce numbers of fish caught 3. reduce industrial fishing for animal feed 4. reduce suffering during capture 5. humane slaughter for wild-caught fish 6. humane rearing & slaughter for farmed fish 7. replace fish in diet.

For more information, including references for the data in this presentation, please see:

Fishcount report: Worse things happen at sex: the welfare of wild-caught fish (2010) available from the <u>Utilite court on uk/packetanons</u>. Exercise from the approx are now available in Flench from Les Cahiers antispécistes (see <u>http://flencourt.org.uk/packetanons.htm/stations</u>) Fachcourt study, <u>Estimations dhe number of fish killed in optical fishing each ware</u> (2010). Fishcourt study, <u>Estimation dhe number of fish killed in optical aquisoulture each ware</u> (2012). In summary, fish welfare is a massive problem.

I would like to persuade the world that we should leave fish alone

But we could make their lives better

if we reduce the numbers we catch If we stop catching them industrially to make fish feed If we hurt them less during capture and landing If we develop more humane standards for farmed fish, both in rearing and slaughter

But above all, we need to eat less fish if we want the fish to suffer less.

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